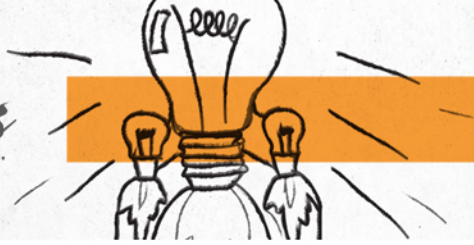


## Table of Contents

<b>Welcome to the <i>Fast Track to Success</i> Program: Part One: DESIGN .....</b>	<b>5</b>
How This Program Works .....	5
Our Commitment .....	6
Your Commitment.....	6
<b>Module One: Success and the Big Three: Vision, Passion, and Perseverance.....</b>	<b>7</b>
MSFA .....	11
The Big Three: INTRODUCTION .....	14
The Big Three: VISION .....	15
The Big Three: PASSION.....	19
The Big Three: PERSEVERANCE .....	22
The Big Three: INTERPLAY .....	26
Overview: Getting the Most Out of the Program.....	27
<b>Module Two: Creating the Possibility .....</b>	<b>28</b>
What Is Possible? .....	28
<b>Module Three: Committing to the Program.....</b>	<b>32</b>
What Does Commitment Mean?.....	32
The Power of Commitment .....	33
Your Commitment to the Program and to Your Success.....	34
Time to Commit: The Most Important Action .....	35
In Conclusion .....	37





**Module Four: Identifying Your Interests.....38**

Welcome to Module Four of *Fast Track to Success*..... 38

Keep Your Commitment Alive ..... 39

What Are Your Interests? ..... 39

Putting It All Together ..... 42

**Module Five: Creating Possible Work-Related Initiatives .....43**

Initiative Criteria ..... 43

Possible Initiatives ..... 44

In Conclusion ..... 44

**Module Six: Choosing Your Initiative.....45**

Keep Your Commitment Alive ..... 45

Reminder of Initiative Criteria ..... 46

Choose Your Initiative ..... 46

In Conclusion ..... 48

**Module Seven: Creating your Initiative’s Vision.....49**

Welcome to Module Seven of *Fast Track to Success*..... 49

The Big Three—Vision, Passion, and Perseverance..... 50

Dare to Dream! Imagine Your Initiative As a Brilliant Success ..... 50

Write Your Vision Statement ..... 54

Finalize Your Vision Statement ..... 55

In Conclusion ..... 55

**Module Eight: Designing SMART Outcomes .....56**

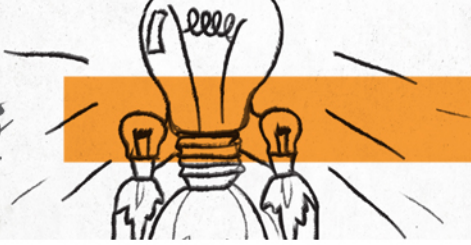
Keep Your Commitment Alive ..... 56

Creating SMART Outcomes ..... 57

An Example: Career-Oriented SMART Outcomes ..... 58

Design SMART Outcomes That Match Your Vision ..... 59





**Module Nine: Creating Your Initiative’s Name.....61**

    Give Your Success Initiative a Name ..... 61

    Add to Your Visual Display ..... 62

    In Conclusion ..... 62

**Module Ten: Visualizing Success As a Daily Practice .....63**

    Keep Your Commitment Alive ..... 63

    Visualizing Your Initiative’s Success: An Extension of Your Daily Practice ..... 64

**Module Eleven: Creating Your Success Strategy and Milestone Timeline .....65**

    Road Map to Success ..... 65

    Question 1: What Is Your Success Strategy? ..... 65

    Question 2: What Could Possibly Get In Your Way? ..... 66

    Questions 3: What Are the Telltale Milestones That Must Be Met to Measure My Initiative’s Success ..... 67

    Question 4: When Must They Be Implemented? ..... 67

    Complete Your Visual Display ..... 69

    In Conclusion ..... 70

    Assignment/Actions to Take Prior to Beginning the Coaching Sessions..... 71

**Appendices.....72**

    APPENDIX ONE: Overview of *Fast Track to Success*, Part One: DESIGN ..... 72

    APPENDIX TWO: Visual Display for Your Success Initiative ..... 73

    APPENDIX THREE: A Personal Example..... 76

    APPENDIX FOUR: Success Factors Competency Dictionary..... 77

    APPENDIX FIVE: ROI Template ..... 83

